

SHELTERED RESIDENTS' HANDBOOK

When you move please leave this handbook in the property

Sheltered Accommodation



St John's Court, Keynsham

Sheltered Housing offers. . . .



a home for life



**independence
and privacy**



support when needed



your 'own front door'



companionship



Information the way you want it

This handbook gives you information on the support services we provide and aims to answer any queries you may have. For general tenancy information, please see your tenants' handbook 'A Guide to Living in Your Home'.

Please contact us if you need large print, audio, Braille or a translation on 01225 366000.

URDU

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو ترجمہ کی ضرورت ہے
ہم آپ کے لئے فراہم کر سکتے ہیں۔

PUNJABI

ਜੇਕਰ ਇੰਗਲਿਸ਼ ਤੁਹਾਡੀ ਪਹਿਲੀ ਭਾਸ਼ਾ ਨਹੀਂ ਅਤੇ ਤੁਹਾਨੂੰ
ਦੁਬਾਰੀਏ ਦੀ ਜ਼ਰੂਰਤ ਹੈ ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਅਸੀਂ ਇਸਦਾ ਪ੍ਰਬੰਧ
ਕਰ ਸਕਦੇ ਹਾਂ।

HINDI

यदि आंग्रेज़ी आप की पहली भाषा नहीं है और आप को
अनुवाद की आवश्यकता है तो यह हम आप को प्रदान कर
सकते हैं।

BENGALI

ইংরেজী আপনার মাতৃভাষা না হলে এবং আপনার কোন
অনুবাদের প্রয়োজন হলে আমরা তা প্রদান করতে সক্ষম।

GUJARATI

જો તમારી પહેલી ભાષા અંગ્રેજી ન હોય અને તમને
ભાષાંતરની જરૂર હોય તો અમે તમને તે આપી શકીએ છીએ.

POLISH

Jeżeli angielski nie jest twoim podstawowym językiem
i wymagasz interpretacji, skorzystaj z naszych usług.

VIETNAMESE

Nếu quý vị không thạo Anh văn và cần bản dịch,
chúng tôi sẽ giúp quý vị một bản.

CANTONESE

如果英文不是您的第一語言，而您需要翻
譯的話，我們可以為您安排。

ITALIAN

Se l'inglese non è la vostra prima lingua e vi
occorre una traduzione, ve la possiamo fare noi.

SOMALI

Haddii Ingiriisku aanu ahayn afkaaga kowaad oo aad u
baahan tahay furjumaad, annagaa kuu samayn kama.

Contents

	Page
• Useful Telephone Numbers	1
• Scheme Information and Local Amenities	2
• An Introduction to Sheltered Housing	4
• The Sheltered Housing Service	6
• Your Health and Wellbeing	15
• Your Security, Health and Safety	18
• Reporting Abuse	26
• Comments, Compliments and Complaints	28
• Getting Involved	31
• Index	33

Useful Telephone Numbers

Somer Community Housing Trust (the Trust)

Neighbourhood Sheltered Housing Office	01225 366334
Sheltered Housing Team Manager	01225 366167
Sheltered Housing Supervisor	01225 366195
Housing Services Officer (tenancy issues)	01225 366156
Repairs & Servicing	01225 366111

Emergency numbers

Emergency repairs	Office hours	01225 366111
	Out of hours	0845 245 0566

Police/Fire/Ambulance	Emergencies only	999
Electricity	To report a power cut	Contact your own electricity supplier
Gas: Transco	To report gas leaks	0800 111 999
Police station	Non-emergencies	0845 456 7000
Water: Wessex Water	To report problems with supply and sewerage	0845 600 4600

Other useful numbers

NHS Direct (helpline day or night)	0845 4647
Royal United Hospital	01225 428331
B&NES Council main switchboard	01225 477000
B&NES benefit advice	01225 477777
Income support and housing benefit	0845 301 3011
Supporting People subsidy	01225 396496
The Pension Service	0800 991 234
Attendance and disability allowance	0845 712 3456
Disability Information and Advice Line (DIAL)	01302 310123
Help the Aged Seniorline	0808 800 6565
Age Concern	01225 466135
Citizen's Advice Bureau (CAB)	01225 463333
Bath & NES Racial Equality Council (BREC)	01225 442352
Support Against Racist Incidents (SARI)	01179 525652
Crimestoppers	0800 555 111
Victim Support	01761 432212
Samaritans	0845 790 9090

Scheme Information and Local Amenities*

St John's Court, Keynsham

Accommodation

St John's Court consists of four blocks of flats providing a total of 32 one-bedroom, ground and first-floor flats.

Shared facilities

The scheme benefits from a community centre and a laundry. Social activities organised by residents include coffee mornings, film nights, activity sessions and bingo. The centre is also used by the residents to hold seasonal parties.

Services

Refuse: General refuse is collected every Wednesday. Refuse for recycling is collected every Monday and garden waste and cardboard is collected fortnightly on a Tuesday.

Cleaning: The community centre, communal stairs and landings of the blocks of flats are cleaned weekly by the Trust's contractors.

Local Amenities

Shops & services

St John's Court is a short, level walk from Keynsham High Street where there is a range of shops and amenities including supermarkets, banks and building societies, a library, leisure centre, cafés, council offices, and a Trust Local Service Centre.

Clubs, charities and voluntary organisations

- Age Concern Day Centre, Sherwood Road sheltered scheme (referrals through Bath and North East Somerset Social Services)
- Keynsham Rotary Club 01179 862601
- Probus Club (social club for the retired), St Keyna 01179 863961
- Royal British Legion 01179 864997
- Women's Guild 01179 868587
- Fear Institute / Old Time Dancing 01179 864014
- Keynsham & District Round Table 01179 860394
- Keynsham Lions Club 01179 837923

Transport

Local bus services run to Bath and Bristol. There are also bus services to Cribbs Causeway and Weston-Super-Mare. In addition a free, weekly bus service runs from Culvers Road to Asda in Longwell Green. A regular rail service runs from Keynsham station to Bath and Bristol.

First Bus Service	0870 608 2608
Dial-a-Ride (door-to-door, fully accessible minibus service)	01225 395321
Rail Travel Line	0870 608 2608

Churches and places of worship

Some of the nearest places of worship/religious groups are:

Church of England: St John's, Station Road, Keynsham	01179 863354
Methodist, High Street, Keynsham	01179 149408
Keynsham Baptists, High Street, Keynsham	01179 863112
R.C. St Dunstan's, Bristol Road, Keynsham	01179 833930
Muslim: Bath Islamic Centre, 8 Pierrepont Street, Bath	01225 460922
Baha'l Faith: 40 Sheridan Road, Twerton, Bath	01225 426725
The Hindu Temple, 163b Church Road, Redfield, Bristol	01179 351007
Ramgarhia Sikh Temple, 81-83 Chelsea Road, Bristol	01179 554929
The Bristol Progressive Synagogue, 43 Bannerman Road, Bristol	01179 541937

* as at 2007

An Introduction to Sheltered Housing

The aim of sheltered housing is to provide accommodation suitable for older and/or disabled people and support them to live as independently and comfortably in their own homes for as long as possible.

The Trust has 63 sheltered housing schemes in Bath and North East Somerset. They are all served by a Sheltered Housing Officer trained to provide a quality support service to residents. These schemes range from clusters of individual properties to larger developments of flats and bungalows with communal facilities, such as community rooms, laundries and guest rooms. We also have schemes where all the flats are under one roof. All of our accommodation is self-contained.

Pets are permitted although there may be some restrictions on cats and dogs in enclosed schemes. Residents are responsible for their pet's behaviour in and around the scheme and for any damage or nuisance it may cause.

Where there is a community room, residents organise regular and varied social activities for everyone to join in if they wish. Where a scheme has a guest bedroom, priority for use is given to the family or close friends of residents who are ill and need support. We provide pillows and duvets, but residents should supply their own sheets, pillow cases and towels for the use of their guest. Bedding is available in an emergency but must be laundered and returned to the Sheltered Housing Officer after use. Charges are £8.00* for two people and £5.00* for one person per night, payable by cheque.

All of our sheltered homes are fitted with a speech alarm system, with pull cords connected to Invicta Lifeline's control centre (Invicta) which provides 24-hour cover every day. Residents may also have pendants and can call for help at the press of a button.