

# SHELTERED RESIDENTS' HANDBOOK

When you move please leave this handbook in the property

## Sheltered Accommodation



**The Green,  
Odd Down, Bath**

# Sheltered Housing offers. . . .



**a home for life**



**independence  
and privacy**



**support when needed**



**your 'own front door'**



**companionship**



## Information the way you want it

This handbook gives you information on the support services we provide and aims to answer any queries you may have. For general tenancy information, please see your tenants' handbook 'A Guide to Living in Your Home'.

Please contact us if you need large print, audio, Braille or a translation on 01225 366000.

### URDU

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ کو ترجمہ کی ضرورت ہے  
ہم آپ کے لئے فراہم کر سکتے ہیں۔

### PUNJABI

ਜੇਕਰ ਇੰਗਲਿਸ਼ ਤੁਹਾਡੀ ਪਹਿਲੀ ਭਾਸ਼ਾ ਨਹੀਂ ਅਤੇ ਤੁਹਾਨੂੰ  
ਦੁਬਾਰੀਏ ਦੀ ਜ਼ਰੂਰਤ ਹੈ ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਅਸੀਂ ਇਸਦਾ ਪ੍ਰਬੰਧ  
ਕਰ ਸਕਦੇ ਹਾਂ।

### HINDI

यदि आंग्रेज़ी आप की पहली भाषा नहीं है और आप को  
अनुवाद की आवश्यकता है तो यह हम आप को प्रदान कर  
सकते हैं।

### BENGALI

ইংরেজী আপনার মাতৃভাষা না হলে এবং আপনার কোন  
অনুবাদের প্রয়োজন হলে আমরা তা প্রদান করতে সক্ষম।

### GUJARATI

જો તમારી પહેલી ભાષા અંગ્રેજી ન હોય અને તમને  
ભાષાંતરની જરૂર હોય તો અમે તમને તે આપી શકીએ છીએ.

### POLISH

Jeżeli angielski nie jest twoim podstawowym językiem  
i wymagasz interpretacji, skorzystaj z naszych usług.

### VIETNAMESE

Nếu quý vị không thạo Anh văn và cần bản dịch,  
chúng tôi sẽ giúp quý vị một bản.

### CANTONESE

如果英文不是您的第一語言，而您需要翻  
譯的話，我們可以為您安排。

### ITALIAN

Se l'inglese non è la vostra prima lingua e vi  
occorre una traduzione, ve la possiamo fare noi.

### SOMALI

Haddii Ingiriisku aynu ahayn afkaaga kowaad oo aad u  
baahan tahay furjumaad, annagaa kuu samayn kama.

## Contents

	Page
• Useful Telephone Numbers	1
• Scheme Information and Local Amenities	2
• An Introduction to Sheltered Housing	4
• The Sheltered Housing Service	6
• Your Health and Wellbeing	15
• Your Security, Health and Safety	18
• Reporting Abuse	26
• Comments, Compliments and Complaints	28
• Getting Involved	31
• Index	33

## Useful Telephone Numbers

### Somer Community Housing Trust (the Trust)

Neighbourhood Sheltered Housing Office	01225 366331
Sheltered Housing Team Manager	01225 366167
Sheltered Housing Supervisor	01225 366195
Housing Services Officer (tenancy issues)	01225 366155
Repairs & Servicing	01225 366111

### Emergency numbers

Emergency repairs	Office hours	01225 366111
	Out of hours	0845 245 0566

Police/Fire/Ambulance	Emergencies only	999
Electricity	To report a power cut	Contact your own electricity supplier
Gas: Transco	To report gas leaks	0800 111 999
Police station	Non-emergencies	0845 456 7000
Water: Wessex Water	To report problems with supply and sewerage	0845 600 4600

### Other useful numbers

NHS Direct (helpline day or night)	0845 4647
Royal United Hospital	01225 428331
B&NES Council main switchboard	01225 477000
B&NES benefit advice	01225 477777
Income support and housing benefit	0845 301 3011
Supporting People subsidy	01225 396496
The Pension Service	0800 991 234
Attendance and disability allowance	0845 712 3456
Disability Information and Advice Line (DIAL)	01302 310123
Help the Aged Seniorline	0808 800 6565
Age Concern	01225 466135
Citizen's Advice Bureau (CAB)	01225 463333
Bath & NES Racial Equality Council (BREC)	01225 442352
Support Against Racist Incidents (SARI)	01179 525652
Crimestoppers	0800 555 111
Victim Support	01761 432212
Samaritans	0845 790 9090

# **Scheme Information and Local Amenities\***

## **The Green, Odd Down, Bath**

### **Accommodation**

The Green sheltered scheme has 27 one-bedroom bungalows and 8 one-bedroom flats surrounding a large lawn.

### **Shared facilities**

The scheme benefits from a community centre. Social activities organised by residents include coffee mornings, bingo, raffles, craft activities and day trips.

### **Services**

**Refuse:** General refuse is collected every Tuesday morning. Recycling is collected weekly on a Friday. Cardboard and garden waste is collected fortnightly on a Thursday.

**Cleaning:** The community centre, the communal stairs and landings of the blocks of flats are cleaned weekly by the Trust's contractors.

**Local Deliveries:** 'Adam's Apple' delivers groceries, fruit and vegetables, newspapers, fruit and flowers (01225 837715). The Odd Down Pharmacy delivers prescriptions.

## **Local Amenities**

### **Shops and services**

Local shops are within easy walking distance and include a supermarket, chemist, hairdresser, launderette, baker, fish and chip shop, and a post office.

### **Clubs, charities and voluntary organisations**

- Odd Down Day Club, Old Culverhasions Rugby Club, Old Fosse Road, Odd Down: Fridays all day
- The Salvation Army, Bath Temple, Oolite Road, Odd Down: Thursdays lunch 12.00pm
- Good Companions, St Philip's Institute, Frome Road, Bath: Wednesdays 2.00 - 4.00pm

## Transport

There is a regular bus service to Bath city centre, the Royal United Hospital and Weston village. There is also a regular service to St Martin's Hospital and Combe Down.

First Bus 0870 608 2608  
Dial-a-Ride (door-to-door, fully accessible minibus service) 01225 335019

## Churches and places of worship

Some of the nearest places of worship/religious groups are:

Church of England: Saint Phillip's & St James', Frome Road, Odd Down, Bath	01225 835228
United Reform Church, Frome Road, Odd Down, Bath	01225 832268
R.C. St Alpheges, Oldfield Lane, Oldfield Park, Bath	01225 424894
Beechen Cliff Methodist Church, Shakespeare Avenue, Bear Flat, Bath	01225 445694
Salvation Army, 37 Oolite Road, Odd Down, Bath	01225 833391
Muslim: Bath Islamic Centre, 8 Pierrepont Street, Bath	01225 460922
Baha'l Faith: 40 Sheridan Road, Twerton, Bath	01225 426725
The Hindu Temple, 163b Church Road, Redfield, Bristol	01179 351007
Ramgarhia Sikh Temple, 81-83 Chelsea Road, Bristol	01179 554929
The Bristol Progressive Synagogue, 43 Bannerman Road, Bristol	01179 541937

\* as at 2007

## **An Introduction to Sheltered Housing**

The aim of sheltered housing is to provide accommodation suitable for older and/or disabled people and support them to live as independently and comfortably in their own homes for as long as possible.

The Trust has 63 sheltered housing schemes in Bath and North East Somerset. They are all served by a Sheltered Housing Officer trained to provide a quality support service to residents. These schemes range from clusters of individual properties to larger developments of flats and bungalows with communal facilities, such as community rooms, laundries and guest rooms. We also have schemes where all the flats are under one roof. All of our accommodation is self-contained.

Pets are permitted although there may be some restrictions on cats and dogs in enclosed schemes. Residents are responsible for their pet's behaviour in and around the scheme and for any damage or nuisance it may cause.

Where there is a community room, residents organise regular and varied social activities for everyone to join in if they wish. Where a scheme has a guest bedroom, priority for use is given to the family or close friends of residents who are ill and need support. We provide pillows and duvets, but residents should supply their own sheets, pillow cases and towels for the use of their guest. Bedding is available in an emergency but must be laundered and returned to the Sheltered Housing Officer after use. Charges are £8.00\* for two people and £5.00\* for one person per night, payable by cheque.

All of our sheltered homes are fitted with a speech alarm system, with pull cords connected to Invicta Lifeline's control centre (Invicta) which provides 24-hour cover every day. Residents may also have pendants and can call for help at the press of a button.